

PUGET SOUND HEALTH ALLIANCE
INITIAL PERFORMANCE MEASURES FOR AMBULATORY CARE
Clinical Language

REF	Measure	Corresponding CIT Measure Category	Specific Measure Language	Source of Language IOM, HEDIS, AQA, NQF or CIT	Measure Endorsed By:						
					IOM (Via HEDIS, AQA, or NQF)	CFP	M-MI	WHF	ERF	CIT	NQF
Diabetes											
1	Comprehensive Diabetes Care, HbA1c testing	HbA1c management	The percentage of patients 18-75 years of age with diabetes (type 1 and type 2) who had an HbA1c test performed during the measurement year.	HEDIS	Y	Y	Y	Y	Y	Y	Y
2	Comprehensive Diabetes Care, Eye Exam	Eye Exam	The percentage of patients 18-75 years of age with diabetes (type 1 and type 2) who received a retinal or dilated eye exam by an eye care professional (optometrist or ophthalmologist) in the measurement year or a negative retinal exam (no evidence of retinopathy) by an eye care professional in the year prior to the measurement year.	HEDIS	Y	Y	Y	Y	Y	Y	Y
3	Comprehensive Diabetes Care, LDL-C Screening	Lipid measurement	The percentage of patients 18-75 years of age with diabetes (type 1 and type 2) who had a Low Density Lipoprotein cholesterol (LDL-C) test performed during the measurement year.	HEDIS/CIT ¹	Y	Y	Y	Y	Y	Y	Y
4	Comprehensive Diabetes Care, Monitoring for Nephropathy	Kidney disease screening	The percentage of patients 18-75 years of age with diabetes (type 1 and type 2) who had a urine microalbumin test during the measurement year or medical attention for nephropathy, as demonstrated by, evidence of treatment for nephropathy, a nephrologist visit, or a positive urine microalbumin test in the measurement year.	HEDIS	Y	Y	Y		Y	Y	Y
Cardiology											
5	Annual LDL-C Screening for Patients	Cholesterol management after acute cardiovascular event	The percentage of patients 18-75 yrs of age who, were discharged alive in the prior year for acute myocardial infarction (AMI), coronary artery bypass graft (CABG) or percutaneous transluminal coronary angioplasty (PTCA), or who had a diagnosis of ischemic vascular disease (IVD), who had and LDL-C screening performed during the measurement year.	HEDIS	Y	Y	Y		Y	Y	Y
6	Use of Lipid Lowering Medication in CAD Patients	Lipid Lowering Therapy	Percentage of patients with CAD who were prescribed a lipid-lowering therapy (based on current ACC/AHA guidelines).	NQF/AQA	Y		Y	Y	Y	Y	Y
7	Persistence of Beta Blocker Treatment after Heart Attack for 6 months	Persistence of beta-blocker treatment after a heart attack	The percentage of patients with a diagnosis of acute myocardial infarction (AMI) and who received persistent beta blocker treatment for six months after discharge.	HEDIS	Y	Y	Y	Y	Y	Y	
8	ACEI or ARB Usage in CHF Patients with LVSD	ACE inhibitor / ARB therapy	Percentage of patients with heart failure who also have left ventricular systolic dysfunction (LVSD) who were prescribed ACE inhibitor or ARB therapy.	NQF/AQA	Y	Y	Y	Y		Y	Y
Generic Drug Prescribing -- Recommended by Alliance Rx CIT											
9	Percentage of Generic Prescriptions for Statins - cholesterol lowering agents	Generics prescribed for Statins	Percentage of patients who were given a generic when prescribed a Statin medication.	CIT						Y	
10	Percentage of Generic Prescriptions for SSRIs - antidepressants	Generics prescribed for SSRIs	Percentage of patients who were given a generic when prescribed SSRIs (serotonin reuptake inhibitors).	CIT						Y	
11	Percentage of Generic Prescriptions for PPIs - proton pump inhibitors (gastric acid reduction)	Generics prescribed for PPIs	Percentage of patients who were given a generic when prescribed PPIs (proton pump inhibitors).	CIT						Y	
12	Percentage of Generic Prescriptions for NSAIDs - non-steroidal anti-inflammatory drugs	Generics prescribed for NSAIDs	Percentage of patients who were given a generic when prescribed NSAIDs (non-steroidal anti-inflammatory).	CIT						Y	

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Antibiotic Use											
13	Appropriate Treatment for Children with URI (AQA, HEDIS) - No Antibiotic Prescribed	N/A	The percentage of children 3 months -18 years of age who were given a diagnosis of upper respiratory infection (URI) and were not dispensed an antibiotic prescription on or three days after the Episode Date.	HEDIS	Y	Y	Y	Y	Y	NS	Y
14	Appropriate Testing for Children with Pharyngitis Who Are Prescribed an Antibiotic	N/A	The percentage of children 2-18 years of age who were diagnosed with pharyngitis, prescribed an antibiotic and received a group A streptococcus (strep) test for the episode.	HEDIS	Y	Y	Y	Y	Y	NS	Y
Depression											
15	Antidepressant Medication Management, Effective Acute Phase Treatment	Effective Acute Phase Treatment	The percentage of patients 18 years of age and older who were diagnosed with a new episode of depression, were treated with antidepressant medication and remained on an antidepressant drug during the entire 84-day (12 -week) Acute Treatment Phase.	HEDIS	Y	Y	Y	Y	Y	Y	Y
16	Antidepressant Medication Management, Effective Continuation Phase Treatment	Effective Continuation Phase Treatment	The percentage of patients 18 years of age and older who were diagnosed with a new episode of depression, were treated with antidepressant medication and remained on an antidepressant drug for at least 180 days (6 months).	HEDIS	Y	Y	Y	Y	Y	Y	Y
17	Antidepressant Medication Management, Optimal Practitioner Contacts	Optimal Practitioner Contacts for Medication Management	The percentage of patients 18 years of age and older who were diagnosed with a new episode of depression and treated with antidepressant medication, and who had at least three follow-up contacts with a non-mental health practitioner or mental health practitioner coded with a mental health diagnosis during the 84-day (12-week) Acute Treatment Phase. At least one of the three follow-up contacts must be with a prescribing practitioner (e.g., licensed physician, physician assistant or other practitioner with prescribing privileges).	HEDIS	Y	Y	Y		Y	Y	Y
Low Back Pain/Orthopedics											
18	Use of Imaging Studies for Low Back Pain	Appropriate Use of Imaging Studies	The percentage of patients 18-50 years of age who had an episode of acute low back pain with no risk factors or signs of serious pathology identified in the diagnostic visit and did NOT receive an imaging study in the following 6 weeks.	HEDIS/CIT ²	Y	Y	Y			Y	
Prevention											
19	Breast Cancer Screening	N/A	The percentage of women 50-69 years of age who had a mammogram during the measurement year or the year prior to the measurement year.	HEDIS	Y	Y	Y	Y	Y		Y
20	Colorectal Cancer Screening	N/A	The percentage of patients 50-80 years of age who had appropriate screening for colorectal cancer (CRC). The screening criteria can be met with any one of four tests: a fecal occult blood test (FOBT) during the measurement year; a flexible sigmoidoscopy within the last 5 yrs (the measurement year or the four years prior to the measurement year); a double contrast barium enema within the last 5 yrs; or a colonoscopy within the last 10 yrs (the measurement year or the 9 years prior to the measurement year).	HEDIS	Y	Y	Y		Y		Y
21	Cervical Cancer Screening	N/A	The percentage of women aged 18-64 years of age who received one or more Pap tests during the measurement year or the two years prior to the measurement year.	HEDIS	Y	Y	Y	Y	Y		Y
22	Chlamydia Screening in Women	N/A	Percentage of women 16-25 years of age who were identified as sexually active who had at least one test for Chlamydia during the measurement year.	HEDIS	Y	Y	Y				Y

¹ HEDIS states to test in the last two years. The ADA says can test in the last two years if lipids are low risk. The CIT endorses testing in the last year.

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² HEDIS states no imaging study in the following 28 days. The CIT endorses no imaging study in the following 6 weeks based on the literature.

Glossary / Key:

CIT = Clinical Improvement Team (Puget Sound Health Alliance) - Source: IOM measure with additional language added by the Alliance (in some cases).

HEDIS = The Health Plan Employer Data and Information Set (HEDIS 2006 Technical Specifications)

AQA = Ambulatory Care Quality Alliance

IOM = Institute of Medicine

CFP = Care Focused Purchasing

M-MI = Milliman MedInsight

WHF = Washington Health Care Forum

ERF = Washington State Medical Education and Research Foundation

NQF = National Quality Forum

NS = Not specifically identified by the Rx CIT, although overall reduction in inappropriate use of antibiotics was recommended.

For more information about the Puget Sound Health Alliance, go to www.pugetsoundhealthalliance.org